

# HEALTH




# happiness

AMPERART™ *no. 138 in a series*

HEALTH & HAPPINESS

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 used to be the 27th letter of the English alphabet, which stood for “and.” It was recited “and, per se, and” which eventually slurred to “ampersand” circa 1837. The ampersand is a ligature of the letters *e* and *r*: “*et*,” Latin for “and.”

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